

# Mental Health Action Day



SIMPLY BEE

## JOIN US FOR OUR 4TH ANNUAL COMMUNITY WALK FOR MENTAL HEALTH!

This is a family-friendly community event and fun for all ages! Walk with us to support taking action towards mental health. Whether for yourself, for your loved ones, or for your community, join us to help drive our mental health culture from awareness to action!

### DETAILS

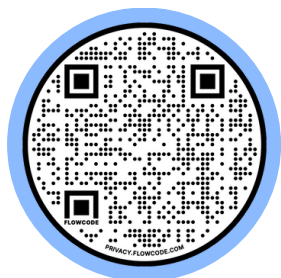
- **WHEN:** Thursday, May 16th | 6:30-7:30pm
- **WHERE:** Libertyville, IL | Meet at the bike path on the corner of 176 & Garfield and walk west, ending at Dairy Dream for free ice cream
- **TICKETS:** \$5 for adults, all kids walk FREE!
- Donations are welcome and will be given to Families Helping Families Chicagoland!



Simply Bee is a local counseling practice in Vernon Hills who's mission is to change lives through programs, services and resources for all people to recognize, achieve and sustain personal wellness.

We are a member of the Mental Health Action Network, powered by MTV Entertainment, who is the catalyst behind the creation of the world-wide Mental Health Action Day Movement.

#MENTALHEALTHACTION



Scan Here  
To Register For  
Event



MAY  
**16**  
2024

**6:30-7:30PM**

LIBERTYVILLE, IL

[SIMPLYBEECOUNSELING.NET/MHAD](https://SIMPLYBEECOUNSELING.NET/MHAD)